



5 Tips to Get Ready for



Semester Two

1. Organise your Schedule

Take the time to study your timetable, maybe add it to a calendar on your phone or computer or be old school and print it out. Knowing your timetable inside and out will help you schedule your time and be better prepared for the busy semester ahead.

2. Set Goals for this Semester

Now that last semester's results are out, it can be helpful to use this feedback to set goals for the upcoming semester ahead. What worked for you, and what didn't can all assist in being better prepared and more successful this time around.

3. Purchase Textbooks and Supplies

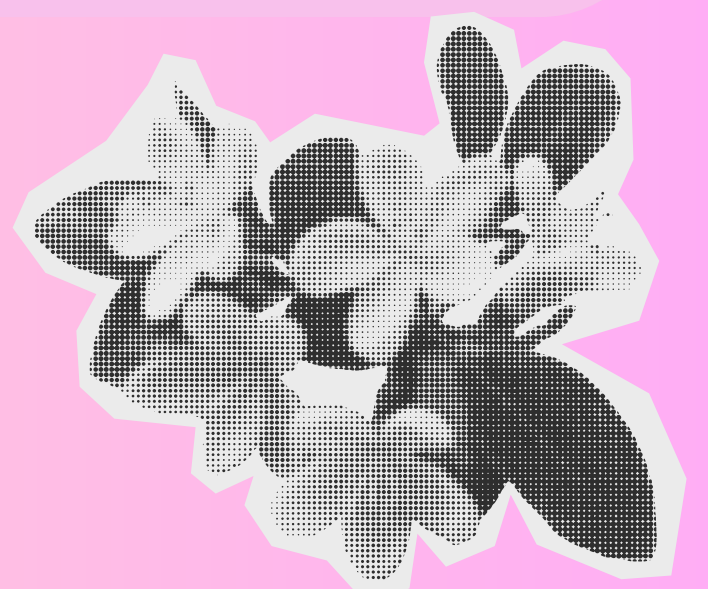
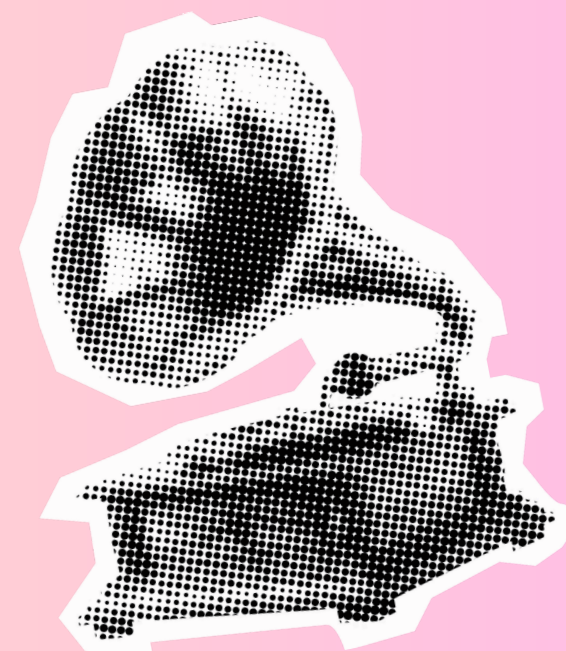
As the semester nears, ordering your textbooks and other supplies essential to your studies can help get into the right mindset for the semester and get a head start on your learning.

4. Take Time for Yourself

Before becoming swamped once more in assignments, quizzes, exams and everything else that comes along with another semester at UTS, take some time to relax and enjoy your free time. Engage in self care activities, from meditation, to facemasks, mindfulness or even just catching up with friends - take a moment for yourself so you will be fresh for the months ahead.

5. Get into Good Habits

In preparation for the semester ahead, take the next few weeks to get into good habits to be your best self this semester. Get into a good sleeping schedule and develop some self care practices which can help clear your mind and allow you to put your best foot forward when classes go back. Set up a schedule for your day and create some study habits to stick with.



— Charlotte Farquhar